

 @ask.nicki

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 ask-nicki

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# PORTFOLIO





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# HELLO! I'M NICKI

## ABOUT ME

I'm Nicki, a professional sex coach, keynote speaker and Workplace Wellness Educator specialising in sexual wellness and relationship dynamics in both personal and professional contexts. I partner with individuals, couples, and organisations to navigate topics around intimacy, desire, connection, and communication with clarity and confidence. Through tailored coaching, engaging workshops, impactful events, and thought-provoking keynote talks, I help clients and teams foster healthier relationships, improve emotional intelligence, and cultivate a culture of openness, wellbeing, and mutual respect.

**ASK  
NICKI**  
Professional Sex Coach

My journey to becoming a sex coach was anything but conventional. I started my career as an attorney, specialising in personal injury law, and spent over 20 years building trust and advocating for my clients. However, my true passion lay in understanding human connection and intimacy. This passion led me to retrain as an Integral Practitioner Coach through the globally accredited Integral Africa Coaching Centre. Now, as a member of COMENSA (Coaches and Mentors of South Africa), an affiliate of SASHA (South African Sexual Health Association), and an Accredited Sex Educator, I bring a holistic, informed, and deeply compassionate approach to my work in workplace wellness.



# BACKGROUND



# WORKING EXPERIENCE

With a strong foundation in law and coaching, I have dedicated my career to helping people navigate their personal and relational challenges. Whether working with individuals, couples, or corporate teams, I tailor my approach to each unique situation. My expertise includes:

- One-on-one coaching for individuals and couples looking to improve intimacy and communication.
- Interactive workshops covering topics such as bridging the orgasm gap, reigniting passion in long-term relationships, and understanding sexual wellbeing.
- Corporate sessions designed to improve workplace wellness, enhance interpersonal dynamics, and foster a culture of open communication and respect.

My clients often describe my approach as warm, engaging, and transformative, helping them unlock new levels of confidence, connection, and satisfaction.



# KEYNOTE SPEAKING

A fulfilling personal life extends into the workplace, and a healthy sex life plays a crucial role in overall happiness, confidence, and productivity. More than ever, organisations are recognising the importance of sexual wellness as part of a holistic approach to employee wellbeing. I am passionate about bringing this conversation into corporate spaces, breaking down taboos, and exploring how sexual health impacts workplace dynamics, mental wellness, and job satisfaction. My keynote sessions offer engaging, insightful, and thought-provoking discussions that challenge outdated narratives and encourage open, healthy conversations.

Topics include:

- The Connection Between Sexual Wellness and Workplace Performance
- Communication in Relationships: How It Impacts Every Aspect of Life
- The Science of Desire: Understanding Passion, Intimacy, and Connection
- How to Be 'Succsexfully' Satisfied: The Role of Sexual Health in Personal and Professional Growth

By incorporating real-world insights, humour, and expert guidance, my talks inspire individuals to embrace healthier, more fulfilling relationships both personally and professionally, leading to happier teams, better leaders and stronger workplace cultures.

# EVENTS

In addition to coaching and speaking engagements, I host dynamic and engaging events designed to help individuals explore and embrace their sexuality in a supportive community setting. My bi-annual events include:

- Hot & Unbothered: How to have the sex you've always wanted – A transformative experience focused on confidence, sensuality, and self-discovery.
- Midlife Magic – Co-hosted with Dr. Simone Silver, this event empowers individuals to navigate midlife changes with vitality, self-love, and renewed passion.

These events offer interactive discussions, expert insights, and practical strategies to help attendees reconnect with their desires, break free from societal taboos, and cultivate a deeper sense of intimacy and fulfilment.



# TESTIMONIALS

“Nicki has a rare ability to address complex and often sensitive topics in a way that is grounded, respectful, and immediately relevant to the workplace. Her session was engaging without being confronting, and it created space for meaningful reflection across our teams.”

“The feedback from our staff was overwhelmingly positive. Nicki created a psychologically safe environment where employees felt informed rather than exposed. The session supported our broader wellbeing strategy and sparked thoughtful conversations long after the talk ended.”

“From briefing to delivery, Nicki was highly professional and attuned to our organisational context. She balanced depth with discretion, and we would confidently recommend her to other corporates seeking meaningful, well-facilitated staff engagement.”

“This was not a ‘one-off wellness talk’. Nicki’s presentation contributed meaningfully to our leadership culture by encouraging accountability, respect, and healthier interpersonal dynamics across teams.”





Dear Nicki

What an honour to witness you not only shine but be an absolute stand out at The Resonant Women's Day Event! Thank you for bringing your wisdom, your vulnerability, your fire and most of all, your sass to your masterclass.

You created spaces where women felt seen, heard, empowered, and inspired. You brought such insight and real talk, and everyone who attended left excited, and really enjoyed it.

Your contribution turned this day from an event into a true experience. The feedback has been nothing short of glowing and exceptional, and it's a reflection of the quality you brought to the day.

I have also sent your info and details of the all the masterclasses to all the delegates today as I was asked by many of them.

Thank you for saying "yes," for showing up, in a way that was and is so memorable. Here's to more stages, more impact, and more unforgettable moments together.

With heartfelt appreciation,  
**Venetia Butler - Founder, A Resonant Woman**



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OF SELF-AWARENESS AND EMPOWERMENT,  
UNLOCKING THE TOOLS FOR GREATER  
WELLBEING, PERSONAL FULFILMENT, AND  
PROFESSIONAL GROWTH

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